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ABUSE/VIOLENCE

Alternative Housing, Lowell

For women and children that need somewhere else live because of certain circumstances. Alternative Housing in Lowell is handicap accessible.

1-888-291-6228

www.alternative-house.org

Child At Risk

A service for children to get help in abusive or violent situations.

1-800-792-5200

Disabled Persons Protection Commission

24 hour hotline for reporting the abuse of the disabled. Ages 18 to 59.

V/TTY 1-800-426-9009

www.ma.gov/dppc

Elder Abuse Hotline

To report the abuse of an elderly person.

V/TTY 1-800-922-2275

Gay Men's Domestic Violence Project

Provides crisis intervention, support and resources to victims and survivors of gay domestic abuse.

V/TTY 1-800-832-1901

<http://www.glbtqdv.org/>

Gloucester Child Sexual Abuse Prevention Partnership

Provides training and information on child sexual abuse and how to prevent it.

978-281-2477

Email for more information:

GCSAPP2004@yahoo.com

www.enoughabuse.org

H.A.W.C Healing Abuse Working for Change

A resource center for many forms of abuse prevention and support services.

24 Hour Hotline: 1-800-547-1649

Salem: 978-744-8552 TTY
978-744-1818

Gloucester: 978-283-8642

www.hawcdv.org

Jeanne Geiger Crisis Center

Provides assistance such as counseling, legal assistance, and safety planning to violence and abuse victims in the greater Newburyport area.

V/TTY 978-388-1888

www.jeannegeigercrisiscenter.org

National Child Abuse Hotline

For reporting or contacting in case of child abuse or violence.

1-800-4-A-CHILD

1-800-422-4453

National Domestic Violence Hotline

A hotline for information about abuse and resources that are available to abuse and violence victims.

1-800-799-SAFE (7233)

TTY 1-800-787-3224

<http://www.thehotline.org/>

Older Battered Women's Program

Part of Greater Lynn Senior Services.

781-599-0110

www.glss.net

Safelink

Hotline operated by Casa Myrna

Available 24 hours a day offers and offers multilingual translations.

1-877-785-2020

TTY 1-877-521-2601

www.casamyrna.org

CHILDCARE SERVICES

Birth to Three Family Center

Offers services to support parent and child bonding. Ipswich Residents served first. Call for information and prices.

978-412-0123

15 Market St. Suite 4 Ipswich, MA

www.birthtothreeipswich.org

Cape Ann Partnership for Children and Families

Provides families of Cape Ann resources, information and opportunities to enhance their family life and education experiences. M-F 8am-2pm.

978-281-2400 x120

29 Emerson Ave. Gloucester MA

Child Care Circuit

Offers information for child care services such as referral, training, resources, child issues and benefits. M-F 9Am-5pm, With Wednesday evening appointments available.

1-800-660-2868

180 Cabot Street, 2nd Floor

www.childcarecircuit.org

Child Development & Education Inc.

Require child vouchers and a referral sent to DHCD Coordinator Ann Goldberg (978-825-7344). There is no wait list and daycare is available to families who are in stabilization and are in need of childcare services.

Director – Natalie Cano

781-596-0461

781-858-4876

181 Union St. Lynn, MA

Child Support Enforcement

Works to assist parents or guardians to collect, enforce, or legally assist to change the amount of child support collected when circumstances change.

M-F 8:30 am to 4:30 pm

1-800-332-2733

Division of the Massachusetts

Department of Revenue, Customer Service Bureau,

P.O Box 7057 Boston, MA 02204

www.mass.gov/cse

Connecting Young Moms, Beverly

A pre- and postnatal program for teens and young moms. Services include early pregnancy workshops, childbirth preparation, postnatal educations and support groups. Free of charge.

Contact **Jodie Berry**: 978-922-3000x 2720

Department Of Children and Family

Provides services to families and children living in Mass. Trying to strengthen and keep families together. Mandated to receive, respond and report child abuse or neglect and to provide services to abused or neglected children to escape a hostile environment.

Main Switch Board: 978-825-3800

Toll Free: 1-800-322-0250

Weekends and Night Hotline: 1-800-792-5200

45 Congress Street Building 4, Salem

www.mass.gov/DCF

Department of Early Education & Care

Licenses and monitors daycare homes, preschools, group homes, shelters and after school programs. Also licenses adoption and foster care agencies.

978-681-9684
360 Merrimack Street Building 9, 3rd
Floor Lawrence MA 01843
www.state.ma.us

Early Intervention Program

This service is available for any child from birth to three years old that might have delay or learning disabilities. For referrals contact the North Shore Infant and Toddler Program.

Beverly:

978 921-1182
111 Dodge Street Beverly, MA 01915

Lynn:

781-593-2727
102 Johnson Street Lynn, MA 01902

Salem:

978-744-7037
275 Lafayette Street Salem, MA 01970

Federation for Children with Special Needs

Provides training and advocacy for parents dealing with special needs education laws; parents and children's rights; getting educational services and communication between parents and health officials. It also offers free workshops. M-F 9-5

617-236-7210
1-800-331-0688
1135 Tremont Street Suite 420 Boston
MA 02120
www.fcsn.org

Giving Diapers, Giving Hope

A cloth diaper lending service for low income families. It does not do the washing; the washing is up to the parent of the child.

315-491-9447
8 Beckford Street Gloucester, MA 01930

Head Start/ Early Head Start

Free early childhood programs for pregnant women and children Age 0 to 5. Helps Children from low income families get a head start and become ready for school. Head start is a pre-school age's 3 to 5 program and Early Head Start is a program for pregnant women, infants and toddlers.

1-866-763-6481

Income Eligible Child Care

Subsidized child care for low income non TAFDC families working in education or job training, or disabled families. Child care is available for children under the age of 13 and older children with special needs. Contact local Child Care Resources and Referral Agencies for information and applications.

Child Care Resource and Referral

Agency: 1-800-345-0131

www.masschildcare.org

Kinder Care- Learning Centers

Highly secure and safe, with strict parent and guardian identification procedures. For children 6 months to 7 years. Serve nutritious meals and snacks, and offer eight programs. Contact for info about tuition and availability. Also stop by to visit the facility. M-F 6:30am to 6:00pm

Center Director Robin Pierre

978-744-5800
602 Conry Ave Salem, MA 01970

**North Shore Infant and Toddler
Development Program**

Provides information and guides to
finding local daycare centers.

Lynn: 781-593-2727

103 Johnson Street Lynn, MA 01902

Salem: 978-744-7037

Pathways for Children

Provides well-planned and educational
care for children by well- trained and
dedicated professionals.

978-281-2400

29 Emerson Avenue Gloucester, MA
01930

COMMUNITY ACTION PROGRAMS

Community Action Programs are private and non-profit human services and advocacy organizations that are established to provide emergency assistance for those who need it to become self sufficient. Their Services include fuel assistance, childcare services and more. Call the Community Actions listed for information on the services they offer.

Action, Inc., Gloucester

978-282-1000

www.actioninc.org

Community Teamwork, Inc., Lowell

978-459-0551

www.comteam.org

Greater Lawrence Community Action Council, Inc

978-681-4900

www.glcac.org

Lynn Economic Opportunity, Inc. (LEO)

781-581-7220

www.leoinc.org

North Shore Community Action Program

978-531-0767

www.nscap.org

North Shore Community Development Coalition

Provides quality affordable housing, and community development on the north shore.

978-745-8071

102 Lafayette St. Salem MA 01970

www.northshorecdc.org

Poison Control Center, 24 Hour Hotline

Offers Emergency services and info on Poisonous substances. Available 24 hours a day.

1-800-222-1222

TTY 1-888-224-5313

www.maripoisoncenter.com

CRISIS RESOURCES/EMERGENCY SERVICES

American Red Cross

Provides many services such as blood and emergency medical help in disasters, and distribution of products and needed items in emergency situations.

1-800-733-2767
www.redcross.org

Covenant House Nineline

Crisis or runaway hotline.
1-800-999-9999

Eliot Community Human Services

Provides 24 hour emergency services for mental health or substance abuse crisis. Services available in the following towns: Lynn, Lynnfield, Nahant, North Reading, Reading, Saugus, Stoneham, Swampscott, and Wakefield.

1-800-988-1111
www.eliotchs.org

Lahey Behavioral Health

24 hour emergency services for mental health or substance abuse crisis. Services are available in the following towns: Beverly, Danvers, Essex, Gloucester, Hamilton, Ipswich, and Manchester by the Sea, Marblehead, Middleton, Peabody, Rockport, Rowley, Salem, Topsfield, and Wenham.

1-866-523-1216
www.nebhealth.org

Girls and Boys Town National Hotline

For children and parents experiencing stress and anxiety because of the war.

1-800-448-3000
www.girlsandboystown.org

Gloucester Emergency Services

Police Department:

978-283-1212

Fire Department:

978-281-9760

Health Department :

978-281-9771

MTWF 8am-4pm; Th 8am-6:30pm

Massachusetts Department of

Transitional Assistance:

978-282-1545

M-F 7am to 5pm

Mothers Against Drunk Driving (MADD)

1-800-438-6233
www.madd.org

National Hope Line Network

Suicide hotline for those dealing with thoughts of suicide or coping with a suicide related death.

1-800-SUICIDE (784-2433)
www.hopeline.com

National Youth Crisis Hotline

1-800-448-4663

North Shore Rape Crisis Hotline

24 hour hotline for rape or sexual abuse victims.

1-800-9222-8772

Business Number

781-477-2313 M-F, 4-8pm

TTY 781-477-2315

www.hes-inc.org/sccs_nsrcc.htm

Parents Helping Parents

Toll-free helpline for Massachusetts parents, that offers support and compassion, someone to talk to and help you plan what to do next, information and resources in your area, available 24 hours a day, 7 days a week Confidential and anonymous.

Parental Stress Line: 1-800-632-8188

www.parentshelpingparents.org

Samaritans 24 hour Hotline

24 hour hotline service to those who are exposed to suicide.

617-247-0220

1-877-870-HOPE (4673)

Teen Hotline 1-800-252-TEEN (8336)

www.samaritansofboston.org

DISABILITY SERVICES

Assistive Technology Loan Programs

Offers resources for children and adults with disabilities, who need high and low technology solutions for home, work or school in order to increase their independence.

978-741-0077

www.ma.easterseals.com/services

Autism Support Center

Services for families of children on the autism spectrum. Offers support, information and a variety of services to help families and children with developmental disorders.

978-777-9135

1-800-7-AUTISM (MA Only)

6 Southside Road Danvers, MA 01923

Cape Ann Social Club

For mentally challenged adults.

Wednesday- Friday 5-9pm

Saturday-Sunday 12-6pm

978-281-5585 call after 5 pm

Teacher's Lunch Room at GHS

Department of Mental Retardation

Offers support to citizens with mental retardation and their families. They also offer assistance in job placement, transportation, housing, or intense levels of treatment, monitoring and care.

978-927-2727

TTY 978-927-8828

100 Cummings Center Suite 150 B

Beverly MA 01915

www.mass.gov/dmr

getATstuff, Assistive Technology Equipment Exchange

The goal of getATstuff is to help get Assistive Technology devices that are no longer being used into the hands of people who need and can benefit from them.

www.getatstuff.org

Massachusetts Aging and Disability Information Locator State

Virtual gateway portal for seniors and citizens with disabilities to locate aging and disability service providers and information in the state of Massachusetts.

www.madil.org

Massachusetts Commission for the Blind

Provides social and rehabilitative services for the visually impaired.

1-800-392-6450

Voice Directory: TTY 1-800-392-6556

www.mass.gov/mcb

Massachusetts Commission for the Deaf and Hard of Hearing

Provides social and rehabilitative services for the hearing impaired

1-800-882-1155

TTY 1-800-530-7570

www.mass.gov/mcdhh

MassMATCH

Provides information on how to find, try, borrow, fund, and buy AT devices.

1-866-682-9955

TTY 617-204-3815

www.massmatch.com

New England INDEX Information on Disabilities

A site that offers multiple resources, guides and information for those with disabilities.

1-800-642-0249

TTY 1-800-764-0200

www.disabilityinfo.org

Special Education Department

Required to serve the special educational needs of all persons between the ages of 3 to 22. They also provide screening and evaluations.

Gloucester:

978-281-9804

Gloucester Public School 6 School Road
Gloucester MA 01930

Ipswich:

978-356-2935

Doyon Elementary **Debra Harris**

978-356-5506

Winthrop Elementary Margret

Medeiros

978-356-2976

1 Lord Square Ipswich MA 01938

Rockport:

978-5461210

32 Jerden's Lane Rockport MA 01966

United States Department of Justice; ADA Information

Provides information on the Americans with Disabilities Act.

1-800-514-0301

TTY 1-800-514-0383

www.ada.gov

Beverly Commission on Disabilities

978-921-6000 x2363

www.beverlyma.gov

Danvers Disability Commission

978-777-0001 x 3027

www.Danvers.govoffice.com

Lynn Disability Commission

781-598-4000

Salem Commission on Disabilities

978-619-5604

www.salem.com

ELDERLY SERVICES

Elderly services such as assisted living, long term services and care for the elderly.

AARP Massachusetts State Office

1-866-448-3621

TTY 1-877-434-7598

www.aarp.org

Adult Day Care

Find local adult day care facilities near you. Provides resources for learning more about adult day care in general.

<http://www.adultdaycare.org/>

Assisted Living Facilities

Find local assisted living facilities near you. Provides resources for learning more about assisted living facilities in general.

www.assistedlivingfacilities.org/

Day by Day

An adult day health program providing activities, socialization, meals and snacks. RN nurse assistant on site, transportation available and therapies available upon order from doctors.

Elderly or handicap 18 and up.

M-F; 9am to 3pm

978-281-0252

4 Rear Blackburn Circle Gloucester MA 01930

Elder Service Plan of the North Shore

781-715-6608

www.pacenorthshore.org

Elder Services of the Merrimac Valley

1-800-594-5164

TTY 1-800-924-4222

www.esmv.org

Greater Lynn Senior Service

781-599-0110

www.glss.net

Home Health Agencies – Sponsored by Centers for Medicare & Medicaid Services

Resources, policies, and billing/payment information for Medicare and Medicaid Home Health benefits.

www.cms.gov/center/hha.asp

Home Health Care Agencies

Find local home health care agencies near you. Provides resources for learning more about home health care agencies facilities in general.

www.homehealthcareagencies.com/

Independent Living Center of the North Shore and Cape Ann

978-741-0077

Toll Free 1-888-751-0077

www.ilcnsc.org

Medicare

1-800-633-4227

TTY 1-877-486-2048

www.medicare.gov/

Massachusetts Executive Office of Elder Affairs

617-727-7750

Age Info Line: 1-800-243-4636

TTY 1-800-872-0116

www.mass.gov

National Adult Day Services Association (NADSA)

www.nadsa.org

North Shore Elder Services

978-750-4540

TTY 978-624-2244

www.nselder.org

PACE (Program of All-inclusive Care for the Elderly)

PACE offers medical teams based on each enrollee's medical needs, as well as dental, vision, auditory, pharmacy, laboratory and diagnostic services. They also offer day programs in Gloucester, Beverly, and Lynn. Must be 55 or older and living in the North Shore or Greater Lynn Area and meet the state's clinical requirements for nursing home care.

978-675-9500

Enrollment Coordinator **Teresa Gove Arnold**

Site Coordinator **Diane Wood**

978-283-7375

29A Emerson Avenue Gloucester MA

Senior Care

978-281-1750

TTY 978-282-1836

www.seniorcareinc.org

Senior Care Pawsitive Connections

For the elderly ages 60+. It provides emergency assistance for their pets.

M-F 9am to 5pm

978-281-1750

Skilled Nursing Facilities

Find local skilled nursing facilities (nursing homes) near you. Provides resources for learning more about nursing homes in general.

www.skillednursingfacilities.org

Council on Aging/Senior Centers

Beverly

978-921-6017

www.beverlycouncilonaging.com

Danvers

978-762-0208

www.dcoa.org

Essex

978-768-7932

www.essexma.org/pages/essexma_senior/index

Gloucester

978-281-9765

www.ci.gloucester.ma.us/index

Ipswich

978-356-6650

www.town.ipswich.ma.us/coa

Lynn

781-599-0110

www.ci.lynn.ma.us/citydepartments_councilonaging.shtml

Manchester

978-526-7427

www.manchester.ma.us/pages/manchesterma_coa/index

Middleton

978-777-4067

www.townofmiddleton.org/pages/middletonma_coa/index

Peabody

978-531-2254

www.peabodycoa.org

Rockport

978-546-2573

www.town.rockport.ma.us

Salem

978-744-0924

www.salem.com/pages/salemma_coa/index

EMPLOYMENT/VOCATIONAL AND TUTORING RESOURCES

Action Inc. – Employment and Training

Provides services for those who are seeking jobs. It provides a list of local jobs, services and information on how to attain a job.

978-281-7402

186 Main Street Gloucester MA 01930

Community Enterprises, Inc

Supports employment, transition school –to –work, employment support program/ DTA Job task analysis, vocational and situational assessment and job support services. Serves intellectually disabled, psychiatric disabled, physically disabled and Autistic.

978-281-8889

150 Eastern Avenue Gloucester MA

www.communityenterprises.com

Gloucester Fisherman’s and Family Assistance

A service for individuals and their families who are currently impacted by the fishing industry regulations. The services provide can obtain job retraining, placement, and counseling for those individual and their families.

Center Manager: Angela Sanfilippo.

M-F 8:30am-5pm

978-283-2504

11-15 Parker Street Gloucester MA

Job Accommodations Network

Provides free, expert, and confidential guidance on workplace accommodations and disability employment issues.

1-800-526-7234

TTY 1-877-781-9403

www.jan.wvu.edu

Lynn Time Bank Service Exchange Organization

The mission is to build community through neighbors helping neighbors, exchanging skills and talents.

781-479-8407

www.lynnertimebank.org

Massachusetts Rehabilitation Commission

Promotes dignity for individuals with disabilities through employment and independent living in the community.

Salem V/TTY 978-745-8085

www.mass.gov/mrc/

National Senior Network Senior Community Service Employment Program (SCSEP)

A program that offers organizations to attain mature workers for free. Also offers training to the elderly, and pays minimum wage and handles payroll.

Programs facilitator: Jane Zaslow-Peck.

781-592-5700

23 Central Avenue suite 605 Lynn MA

www.nationalable.org

North Shore Career Center

A place to locate and apply for jobs in the area. Has a list of available jobs and resources for town in the North Shore area. Note – All teens under the age of 18 need a work permit to start a new job.

Gloucester

978-283-4772

11-15 Parker Street Gloucester MA,

Salem

978-825-7200

70 Washington Street Salem MA

Lynn

781-593-0585

181 Union Street Lynn MA 01902

www.nscareers.org

**North Shore Community College Trio
Linked Learning**

A program for low-income, first generation college students or disabled students. They offer financial assistance and a supportive class environment.

Director: **Daniel O'neil**

781-593-6722 x 6624

Lynn:

781-593-6722

McGee Building 300 Broad Street Lynn

Danvers:

978-762-4000

1 Ferncroft Road Danvers MA 01923

Beverly:

978-236-1227

Sonya Snow- Parrish 100 Cummings

Center Beverly MA

FINANCIAL INFORMATION

American Consumer Credit Counseling

Offers counseling services to individuals look to improve their credit history.

1-800-769-3571

Client Service Department: ext. 500

Counseling Department: ext. 506

www.comsumercredit.com

Consumer Credit Counseling Service

A non-profit organization that helps individuals with money management.

1-866-889-9347

www.moneymanagement.org

Federal – IRS

The IRS has tax information and inquiries.

1-800-829-1040

TDD 1-800-829-4059

www.irs.gov

Home Modification Loan Program/ Mass Rehabilitation Commission Community Teamwork, Inc

Provides loans to make modifications to the primary, permanent residence of elders, adults with disabilities, and families with children with disabilities.

978-459-0551 x 237

TTY/TDD 978-792-3176

Metropolitan Boston Housing

Partnership: 617-859-0400 x 300

MA Office of Consumer Affairs, Hotline

Hotline for consumer affairs

TTY 1-800-720-3480

MA State Department of Revenue

Provides help with financial inquiries.

1-800-392-6089

www.mass.gov/dor

Massachusetts Attorney General

Provides information and legal help with taxes, child support and other financial inquiries.

617-727-2200

TTY 617-727-4765

www.mass.gov/ago

National Fraud Information Center

Focused on providing information of fraud prevention and information about fraud.

1-800-876-7060

www.fraud.org

FOOD, CLOTHING, AND MATERIAL RESOURCES SERVICES

Assistance and Crisis Intervention, Weatherization

Assists people with their fuel payments. Also provides information on energy and environmental issues to the consumers, testing of residential heating systems insulation and free home winterization.
978-283-2131

47 Washington Street Gloucester MA

Contacts:

Marie Sanviti

Director of Fuel Assistance to see if eligible

Craig Brown

Energy Conservation Director and consumer education.

Harmony White

For Spanish: 978-282-1000 x 120

Fatima Gomez

For Portuguese: 978-282-1000 x 120

Beverly Bootstraps Food Pantry

It is accessible only to the residents of Beverly and Manchester. MF 11-12:30 TW 5-6:30 pm. Clients May come every 14 days and they must present proof of residency. Access to all is the Thrift Store on 198 Rantoul Street.

978-927-1561

371 Cabot Street, Beverly MA

www.beverlybootstraps.org

Beverly Church of the Nazarene Food Pantry

Open Thursday 9am-12pm. For Beverly residents only: requires ID and proof of residency. Pick up is only once per month.

978-927-1561

556 Cabot Street, Beverly MA

www.beverlychurch.org

Cape Ann Food Pantry / The Open Door

Offers community meals, emergency food, Buck-a-bag program, thrift store, mobile market, and senior market. Photo I.D is required for food pantry access.

Food Pantry Hours:

MT 10:00am-5:00pm

WTh 10:00 am-4: 00 pm

Friday 10am-12pm & 3pm to 5pm

Food Stamps: By appt on TThF 10-4
978-283-6776

28 Emerson Avenue Gloucester MA

_ www.capeannfoodpantry.org

Community Meals:

Mon, Wed, Thurs, Sat 5-6pm

Sunday 4-5pm

Tues at St. John's Episcopal 5-6pm

Fri at Trinity Congregational 5-6pm

Summer Lunch

A program that offers free lunches for kids during the summer.

978-283-6776 (call for sites and details)

Catholic Charities, Salem

Open for food services Monday – Thursday from 9:30 am to 12:00 pm. Call before arrival for updated hours and program information or requirements.

978-740-6923

280 Washington Street, Salem MA

Danvers People to People Food Pantry

Open Monday and Thursday 9:00 am to 11:30 am and the 1st and 3rd Thursday of the month 3:30 -5:30 pm. Danvers residents only.

978-739-4188

12 Sylvan Street, Danvers MA

First Universalist Society of Salem

Offers food help to Salem residents only on the last Saturday of each month open at 9:30am to 11:00 am

978-744-3224

211 Bridge Street, Salem MA 01970

www.thesalempantry.org

Food Source Hotline, Project Bread

Open Monday – Friday 8:00 am to 5:00 pm. Weekend answering machine.

Offers pre-screening for food stamps resources, school breakfast and other free low cost foods.

1-800-645-8333

TTY 1-800-377-1292

www.projectbread.org or

www.gettingfoodstamps.org

Gloucester Housing Authority

Offers help with housing, rental assistance and foreclosure prevention.

Open MTWTh 8-4:15, F 8-12

978-281-4770

Good Neighbor Energy Fund

Available to households that cannot meet their energy expenses and are not eligible for federal energy assistance.

You may apply by calling the **Salvation Army Service center** at 1-800-334-3047 617-542-5420

Haven from Hunger, Peabody

Hot meals Monday, Tuesday, Thursday, and Friday 5:00 pm to 6:00 pm.

Food Pantry open Monday, Tuesday, Thursday, and Friday 10:00 am to 2:00 pm Intake required Peabody residents once per week and Salem residents once every other week

978- 531-1530

71 Wallis Street, Peabody 01960

Lifebridge (Formerly Salem Mission)

Daily meals 7 days a week, Breakfast: 7-8:30 am , Lunch 12:30pm, Dinner 6:30 pm

Tuesday/ Thursday noon lunch only at Salvation Army, 98 North Street Salem MA 01970 .

978-744-0500

56 Margin St, Salem MA 01970

www.lifebridgesalem.org

Mass Coalition for the Homeless

Provides furniture and household items including dishes/pots/linens when available.

Multiple Locations- No Delivery

Furniture Bank- 781-595-7570 x12

Bed for Every Child Initiative

781-595-7570 x 11 (Gisella)

Info & Referrals- 978-635-1710 x3

Memorial United Methodist Church, Beverly

Outreach suppers every Wednesday night. Call for details or visit.

978-927-1066

2 Dane Street, Beverly MA 01915

Mission of Deeds

Client will select and receive furniture all in the same day; client must provide truck on this day. MOD will not hold any items, one trip only!

Application is available online @

www.missionofdeeds.org and must be filed out and fax to Mission of Deeds

781-944-7697 (Paula Goss)

My Brother's Table, Lynn

Daily Meals, Monday –Friday Lunch at 11:45am to 12:30 pm; Dinner 5:30 pm to 7:15pm.

Saturday, Sunday and some holidays 2:30pm – 4:15 pm

781-595-3224

98 Willow Street, Lynn MA 01902

www.Mybrotherstable.org

Project Home Again

Provides furniture/household items/mattresses.

Located in Lawrence, No Delivery!

Client must either be accompanied by a representative of Wellspring or have a letter written on letterhead providing a detailed list of needed items. Once at PHA only listed items will be given be thorough compiling list only one visit per client! List of available items are available on website!

Appt/walk-ins: T 11-1, W 9-1

www.phama.org

Sacred Heart, Lynn Food Pantry

Open Thursdays 10:00am to 2:00 pm.

Residents of the parish area every other week, all others once a month. ID and proof of family size, income and address needed.

781-599-2616

571 Boston Street, Lynn MA 01902

Salvation Army, Salem

Office hours 8:30 am to 12:00 pm and 1:00 pm to 4:00 pm. Food Pantry Monday, Wednesday, and Friday 9:30am. - 11:30am.

Tuesday and Thursday meals at noon.

978-744-5181

93 North St Salem MA, 01970

Salvation Army, Lynn

Monday – Friday Bread at 9:30am

Pantry 9:30 am -11:30 am and emergency food. Call for appointment .Families with children once a month others are every 3 months.

781-598-0673

1 Franklin Street, Lynn MA 01902

Serve Food CO-OP

Once a month food cooperative where participants must be signed up in advance. It offers below market price and 2 hours or community service each month as payment. Foods include: meats, potatoes, vegetables and fruits. Vegetarian packages are available and all are eligible. Coordinated through Cape Ann Food Pantry

978-283-6776

28R Emerson Avenue Gloucester MA

St. Vincent de Paul at St. Joseph's Parish

Furniture/Vouchers to thrift stores Resources Limited/ Determined on a case to case basis.

No Referral Needed-Client must call!

Gloucester (978) 281-8672

Lynn (781) 598-6606

Lawrence (978) 689-2625

Canton (781) 344-3100

www.svdpusa.org

St. Joseph's Food Pantry, Salem

For Salem residents, and is available once per month. It also offers delivery for disabled people in Salem and Peabody.

978-744-2532

15 Hawthorne Boulevard Salem, MA

www.saintjosephsfoodpantry.com

St. Mary's, Lynn Food Pantry

Offers bread on Mondays. Food is available once per month Wednesday 10:00am to 12:00pm. Families in the parish area only and they must provide ID, Proof of family size, income and address.

781-598-4907

8 South Common Street, Lynn MA

St. Stephen's Episcopal Church, Lynn Food Pantry

Open every Friday except the 1st Friday of the month. Hours are from 3:00-74 South Common Street, Lynn MA 01902

TDC Church, Lynn Food Pantry

Open Thursday 5-7 pm. ID, Proof of income and address can be found through the greater Boston food bank agency locator.

781-983-4870

56 Franklin Street Lynn MA 01902

www.gbfb.org

Trinity Congregational; Church, Gloucester

Harvest meal every Friday 4:30pm to 7:30 pm

978-283-1442

70 Middle Street Gloucester MA 01930

4:00pm. ID, proof of family size, income and address are required.

781-599-4220

W.I.C

W.I.C is a food resource for pregnant women, infants, and children under the age of 5.

1-800-WIC(942)- 1007

TTY 617-624-5992

www.mass.gov

Wish Project

Provides furniture, household goods, even linens. Beds for Kids when available. Located in Lowell.

(978) 441-9474

www.thewishproject.org

HEALTHCARE

Community Health Centers

Addison Gilbert Hospital

Addison Gilbert Hospital is a 58 bed medical and surgical facility. In and Out patient care, Emergency room, educational center and support groups. Also does Health Screenings. Call **Sefatia Romeo** for financial assistance at 978-283-4001 x 623. Open 11am to 8 pm Daily.

Operator: 978-283-4000

Automated: 978-283-4001

298 Washington Street Gloucester MA 01930

www.addisongilbert.org

Beverly Hospital

Beverly Hospital is a 227 bed facility with in and out patient care and emergency room. It provides educational services and support groups and health screening. For **Financial Counseling** and **Community Connection** call 978-922-3000 x 2045 for free confidential information and advocacy for those who need assistance with accessing health care and insurance. 978-922-3000

85 Herrick Street Beverly MA 01915

www.beverlyhospital.org

Eliot Community Human Services, Inc.

Eliot Community Human Services, Inc provides resources, support and treatment to the common wealth of Massachusetts.

978-282-1410

261 Main Street Gloucester MA 01930

www.eliotchs.org

Gloucester Family Health Center

Provides many services that include: Behavioral health services, Care Coordination Program (formerly Women's Health Network), case management, Dental services, Family medicine Internal medicine, Lab services, Ob-gyn, midwifery, Outreach and Financial Counseling, Pharmacy services, Referral services, Same-day sick visits.

978-282-0280

302 Washington Street Gloucester MA 01930

Greater Lawrence Family Health Center

Offers preventative care, health education, integrated clinical and social services, and affordable quality medical care.

978-686-0090

www.glfhc.org

Health Education Services

Health Education services include primary prevention, outpatient treatment, emergency services, residential care, and substance abuse services. Free HIV testing available.

978-853-8633

www.hes-inc.org

Healthy Families Program , Catholic Charities

Provides home visiting services to first-time parents (20 and younger). Volunteer programs provide education around prenatal, infant, and toddler development. Screenings parent child groups, information, referral and advocacy are available. Must be pregnant teens and parents 21 and under with children 0-3.

781-593-2312
1-866-865-6685
55 Lynn Shore Drive Lynn MA 01902

Health Quarters

Confidential reproductive health care services for prevention and education for men, women and teens. Also has S.T.D treatment and education.

978-927-9824
www.healthq.org

Lowell Community Health Center

Has a highly qualified medical staff specialize in internal medicine, prenatal, labor and postpartum care, women's health, traditional Asian medicine, diabetes management, asthma management, adolescent health and behavioral health.

978-937-9700
TTY 978-937-9597
www.lchealth.org

Lynn Community Health Center

Provides primary care, as well as specialty services in response to needs our community has identified.

781-581-3900
www.lchcnet.org

Mass Department of Public Health AIDS Bureau

Provides help, education and information on HIV and AIDS.

1-800-443-2437
[HIV/ AIDS Hotline 1-800-235-2331](http://www.state.ma.us/dph/aids/hiv aids.htm)
www.state.ma.us/dph/aids/hiv aids.htm

Massachusetts Rehabilitation Commission

Assists the disabled with attaining jobs, education and support.

978-745-8085
[Vocational Rehabilitation Counselor](http://www.mass.gov/rehab)
Stephanie Jackson; 978-745-8085 x103

35 Congress Street Suite 105 Salem MA
01970

North Shore Children's Hospital

Provides many physical and mental health services for children including pediatric therapy, pediatric neurology, neurodevelopment center and mental health clinic.

1-978-741-1200

Physical and Occupational therapy:
978-354-2746

Language Speech and Hearing: 978-
354-2650

Pediatric Neurology: 978-354-2795

Neurodevelopment Center: 978-354-
2705

Mental Health Clinic: 978-354-2700
81 Highland Avenue Salem MA 01970
www.nsmc.partners.org

North Shore Community Health, Inc

As a community health center, provides both health and dental care and offer more services than typical medical offices. We offer translation services, financial counseling and health education.

978-744-8388
www.nschi.org

Salem Family Health Center

A community teaching hospital that provides comprehensive adult and pediatric services.

978-744-8388
www.nsmc.partners.org

Teen Health Center at Salem High School

Provides services such as: physicals for work, school, or sports, sick and injury visits, lab tests, immunizations, gynecological visits, and health education and promotion. Students are seen on a walk-in and appointment basis. Referrals are made for specialty

care and mental health services. Parental consent is required for any student under 18 being seen for a non-confidential visit.

978-740-1220

www.salem.k12.ma.us/pages/sps_disthealth/teencenter

Peabody Family Health Center

Provides both health and dental care and offer more services than typical medical offices

978-532-4903

www.nschi.org

Salem Family Health and Dental Services Center

Offers a full Health and dental and medical services for anyone.

978-744-8388

Hospice

Hospice of North Shore

24 hour available on call nurses. Information, trained personnel, referrals, grief counseling and support for those who are ill and their families.

978-774-7566

www.hns.org

www.partnersathome.org

Hospice and Palliative Care Federation of MA

1-800-962-2973

www.hospicefed.org

VNA Care Network Inc.

A professional home and health care 24 hours a day 7 days a week. They offer speech, language, occupational, physical evaluations and therapy for adults and children. For free assessment visit for a care plan.

Danvers:

5 Federal Street Danvers MA 01923

978-777-6100

Gloucester:

8 Angle Street Gloucester MA 01930

978-283-2020

www.vnacarenetwork.org

Mental Health and Counseling Services

Children's Friends and Family Services

Offers many services for children, teens and parents about counseling, health and mentoring.

978-283-7198
33 Commercial Street Gloucester MA
01930

Department of Mental Health Central Office

Information and Referral

1-800-221-0053
TTY 617-727-9842

www.mass.gov/dmh

Family Continuity Program

Behavioral healthcare organization provides outpatient treatment to individuals and families with a variety of issues. Such as at risk patients and home-based intervention and support for families in conflict. Accepts many insurances including MassHealth.

978-927-9410
9 Centennial Drive Peabody MA 01960
www.familycontinuity.org

Health and Education Services, Inc

Mental health and counseling services and education located in Addison Gilbert Hospital.

978-283-0296
298 Washington Street Gloucester MA
01930

National Empowerment Center

Offers services to those with mental illness to empower them and to provide hope and information on mental illness
1-800-POWER2U (769-3728)

Lawrence: TTY 978-685-1494

www.power2u.org

National Mental Health Association

Provides information and other services about mental illness.

1-800-969-NMHA (6642)

Research Center: TTY 1-800-433-5959

www.nmha.org

South Bay Mental Health

Provides individuals, family and group therapy services through outreach. They visit clients' homes, schools, daycares, or other community sites to provide their services.

Jennifer McLean is the Clinical

Director: ext.19

978-542-1951

35 Congress Street Suite 214 Salem MA
01970

Lowell:

978-453-6800

Prescription Assistance/ Health Insurance and Benefits

Commonwealth Connector

Offers low-or-no-cost health insurance for people who qualify. It provides comprehensive benefits and a choice of health plans.

1-877-623-6765

www.mahealthconnector.org

Department of Public Health

A health care quality hotline to report health risks or to ask for information on public health.

1-800-462-5540

Department of Transitional Assistance

For Health insurance, SNAP (Food Stamps), Emergency Shelter assistance.

Application and information Hotline:

1-800-249-2007

Gloucester

978-282-1545

Salem

978-825-7300

www.mass.gov/dta

Health Care for All

Focuses on consumer centered health care to provide everyone with care and education.

1-617-350-7279

www.hcfama.org

Massachusetts Board of Registration in Medicine

1-800-377-0550

www.massmedboard.org

Massachusetts Dental Society

1-800-342-8747

www.massdental.org

MassHealth

Open Monday – Friday 8:00 am to 5:00 pm

Customer Service Center: 1-800-841-2900 / TTY 1-800-497-4648

Self Service Hotline: 888-665-9993

MassHealth Enrollment Center 1-888-665-9993 / 1-800-408-1253

MassHealth Dental: 1-800-207-5019

www.mass.gov/masshealth

Other Medical Services:

**Asthma and Allergy Affiliates,
Danvers**

978-777-0970
80 Lindall Street Danvers MA 01923

Asthma and Allergy Affiliates, Salem

978-745-3711
114 R Highland Avenue Salem MA
01970

Beverly Pediatric Association

978-922-3208
75 Herrick Street Suite 116 Beverly MA
01915

Cape Ann Pediatrics

978-283-5079
298 Washington Street Gloucester MA
01930

Family Medical Associates

978-526-4311
195 School Street Manchester MA
01944

Family Medicine

978-927-7727
38 R Enon Street Beverly MA 01915

Garden City Pediatric Association

978-927-4980
83 Herrick Street Suite 1003 Beverly
MA 01915
www.gardencitypediatircs.com

**Harvard Vanguard Medical
Association**

978-532-2800
2 Essex Center Drive Peabody MA
01960
www.harvardvanguard.org

**Lahey Clinic Medical Center North
Shore**

978-538-4000
1 Essex Center Drive Peabody MA
01960
www.lahey.org

Lahey Essex Medical Center

978-768-9004
74 Martin Street Essex MA 01929
www.lahey.org

Lahey Ipswich

978-356-5522
130 County Road Ipswich MA 01938
www.lahey.org

Lynn Community Health Care

781-581-3900
269 Union Street Lynn MA 01901
www.lchcnet.org

**North Shore Children's Hospital
(MGH Specialty Clinic)**

978-354-2760
57 Highland Avenue Salem MA 01970
www.nsmc.partners.org

North Shore Pediatrics, Beverly

978-921-2899
85 Herrick Street Beverly MA 01915

North Shore Pediatrics, Danvers

480 Maple Street Suite 3A Danvers MA
01923
www.northshorepeds.com

Dr. Thomas Pearce (Adults Only)

978-282-4600
279 East Main Street Gloucester MA
01930

**Gloucester Dental Health Center
(Children Only)**

978-281-5885
99 Prospect Street Gloucester MA
01930

Gloucester Family Health Center

302 Washington Street Gloucester MA
01930

Beverly Smiles

978-927-1750
277 Cabot Street Beverly MA 01915
www.beverlysmiles.com

Dr. Stuart Gould (Dentist)

978-745-7363
116 Highland Avenue Salem MA 01970

Small Smiles of Lynn

781-599-5437
319 Lynnway Lynn MA 01901
www.smallsmilesusa.com

Harborside Dental

978-283-7200
127 Eastern Avenue Gloucester MA
01930

MassPRO Medicare

Information hotline, review medical
records.
1-800-252-5533
www.masspro.org

**Medicare Advocacy project & Elder
Unit Intake**

617-603-1776
Medicare Information Line: 1-800-
633-4227
www.medicare.gov

Needy Meds

Find help with the cost of prescription
medication.

Richard Sagall (President) 978-281-
6666

P.O Box 219 Gloucester MA 01930
www.needymeds.org

Northeast Hospital Corporation

Provides services such as screening and
resources to help people attain health,
food or prescription assistance.

Beverly:

978-922-3000 x 2045, 2046, 2124
85 Herrick Street Beverly MA 01915

Gloucester:

978-283-4000 x 623 or 132
298 Washington Street Gloucester MA
01930

Lynn:

781-477-6918
60 Granite Street Lynn MA 01902

Prescription Assistance Programs

1-800-762-4636

Prescription Advantage: 1-800-243-
4636 TTY 1-877-610-0241

www.mass.gov

SHINE

Serving the health information needs of
elders

1-800-243-4636

www.mass.gov

Social Security Administration:

1-800-772-1213

TTY 1-800-325-0778

www.ssa.gov

Substance Abuse

AdCare Hospital

1-800-ALCOHOL (252-6465)

www.adcare.com

Al-Anon Family Groups, MA

Alcohol Hotline 508-366-0556

www.ma-al-anon-alateen.org

Alcohol and Drug 24 Hour Help Line

1-800-821-HELP (4357)

Alcoholics Anonymous

617-426-9444

111 Middleton Road Danvers MA

01923

www.aaboston.org

Bay State Recovery Services, LLC

1-800-270-2302

www.baystaterecovery.com

CAB Detoxification Center 24 Hours

V/TTY 978-777-2121

www.cabhealth.org

CAB Health and Recovery

Massachusetts Only

1-800-323-2224

Center for Addictive Behavior Health and Recovery

Monday – Thursday 8:30 am to 9:00pm,

Friday 8:30 am to 5:00 pm

1-800-334-5512

TTY 978-745-8890

www.cabhealth.org

Mass Council on Compulsive Gambling

1-800-426-1234

www.masscompulsivegambling.org

Narcotics Anonymous

1-866-642-3578

www.newenglandna.org

Project COPE

781-581-9270

www.projectcope.com

Substance Abuse

1-800—327-5050

TTY 888-448-8321

www.helpline-online.com

VNA Care Network Smoking Cessation Program

1-800-457-8999

Transmitted Diseases

AIDS Action Line

Provides services and information to men, women, and children with AIDS/HIV. They also provide the public with information and resources about AIDS/HIV.

1-800-235-2331

TTY 617-437-1394

www.aac.org

Hepatitis Hotline

Hotline for hepatitis related information and resources.

1-888-443-4372

www.aac.org

North Shore AIDS Health Project

Provides holistic health services, support, information, and outreach to individuals with AIDS or HIV and their families.

978-283-0101

67 Middle Street Gloucester MA 01930

www.healthproject.org

Strongest Link AIDS Services, Inc

Promotes the health, well-being and self-sufficiency of its clients by providing professional case management, wellness programs, and other opportunities and events to help them live healthy lifestyles for themselves and their families.

978-77-5885

www.strongestlink.org

Independent Living

ILC of the North Shore and Cape Ann, Salem

Provides the services needed for those with disabilities to live independent lives and be a part of mainstream society.

978-741-0077

TTY 978-745-1735

27 Congress Street, Suite 107, Salem, MA 01970

www.ilcnsca.org

LEGAL/ADVOCACY ASSISTANCE

Attorney General's Elder Hotline

1-888-243-5337

www.mass.gov

Children's Law Center of Massachusetts, Lynn

Phone assistance Tuesday and Friday

9:30 am to 12:00 pm

(1-888-543-5298)

781-581-1977

www.clcm.org

Community Legal Service and Counseling Center

Free legal service; sliding scale;

Psychological counseling.

617-661-1010

www.clsacc.org

Consumer Affairs General Information

617-973-8700

Consumer Complaint Hotline: 617-
727-8400

www.mass.gov/ago

Disability Law Center

Monday – Friday 9am to 5pm; Intake

9am to 12pm

1-800-872-9992

TTY 1-800-381-0577

www.dlc-ma.org

Disabled Persons Protection Commission Abuse Hotline

For adults ages 18-59

1-800-426-9009

www.mass.gov/dppc

Essex County Bar Association

978-741-7888

www.essexcountybar.org

Essex County Family Legal Aid Center, Salem

978-740-6688

1-888-835-4300

Federal Trade Commission Consumer Line

Office of Consumer Education: 202-
326-3650

www.ftc.gov

Final Deadline Appeals Board (MassHealth)

Phone for inquiries only, not
submissions

617-847-3115

www.mass.gov/masshealth

Gay and Lesbians Advocates and Defenders

Legal information line

1-800-455-GLAD (4523)

www.glad.org

Greater Boston Legal Services

1-800-323-3205

TTY 617-371-1228

www.gbbs.org

Lawyer Referral Services of the MA Bar Association

1-866-627-7577

TTY 617-338-0585

www.masslawhelp.com

Legal Advocacy and Resource Center

617-603-1700

Hotline: 1-800-342-LAWS (5297)

www.larcma.org

MA Bar Association / Legal Arbitration Board

617-338-0500

www.massbar.org

**MA Immigrant and Refugee
Advocacy Coalition**

617-350-5480

www.miracoalition.org

**Mass Commission Against
Discrimination**

617-994-6196

TTY 617-994-6196

www.mass.gov/mcad

Mass Legal Assistance Corporation

617-367-8544

www.mlac.org

Mass Legal Help

Online only, Contact through email.

www.masslegalhelp.org/disability

Mass Office on Disability

V/TTY 1-800-322-2020

www.mass.gov/mod

**Massachusetts House of
Representative**

House of Representatives: 617-722-
2000

Massachusetts Senate: 617-722-1455

www.mass.gov

**Mental Health Legal Advisors
Committee**

1-800-342-9092

www.mass.gov/mhlac

**Merrimack Valley Legal Services, Inc
Lowell**

Lowell:

1-800-336-2262

TTY 978-452-4740

Lawrence:

1-800-427-2521

TTY 978-689-7275

www.mvlegal.org

Neighborhood Legal Services

Provides free civil legal services to low
income and elder residents of Essex and
Northern Middlesex Counties,
Massachusetts.

781-599-7730

www.neighborhoodlaw.org

**Office of Medicaid Board of Hearings
(MassHealth)**

1-800-655-0338

www.mass.gov/masshealth

**Prior Authorization Unit
(MassHealth)**

For all services except dental and
pharmacy services.

1-800-862-8341

www.mass.gov/masshealth

**Victim Witness Assistance Program
for Southern Essex County**

A resource for helping victims and
witnesses of any crime through court
proceedings, specializing in domestic
violence, child abuse, juvenile crimes
victims and informing people of their
rights as victims or witnesses. Also
offers support, restitution assistance and
advocacy.

Gloucester:

Gloucester District Court

197 Main Street Gloucester MA 01930

978-283-3701

Salem:

Administration Office District Attorney
Museum Place 1 East India Square

Salem MA 01970

978-745-6610

Volunteer Lawyers Project

617-423-0648

TTY 617-338-6790

www.vlpnet.org

Youth Advocacy Project

617-989-8112

www.youthadvocacyproject.org

RECREATIONAL SERVICES

Art Haven

After school art program.
Monday and Wednesdays open from
3:30- 5:00pm and 5:30 – 7:00 pm.
Tuesdays and Thursdays open from
4:00-5:30pm and 6:00- 7:30 pm.
978-283-3888
180B Main Street, Gloucester MA,
01930

Camps at Cape Ann YMCA

978-283-0470
71 Middle Street Gloucester MA 01930
www.northshoreymca.org
Camp Spindrift 978-281-CAMP (2267)
Office: 978-283-0470 ext. 1702

Rick Doucette Executive Director

Call for more information.
Visit website for parent packet with all
the details of activities and cost.

www.northshoreymca.org

Spindrift Day Camps

Age 4-13 needs a \$20 deposit. Option of
5 days cost \$180, 4 days \$165 and 3
days \$150. **L.I.T**

Ages 14-16 needs a \$50 deposit is a 10
day camp and costs \$240.

Adventure

Ages 8-11/12-15 needs a \$200 deposit is
a 10 day camp and costs \$535.

Water Country

Ages 12-16 needs a \$100 deposit is 5
day camp and costs \$275.

Fine Arts

Ages 8.5-13 needs a \$20 deposit is a 5
day camp and costs \$180

Cape Ann Community Cinema

Offers the community movies, art and
theatrical entertainment.
978-282-1988
267 E Main Street Gloucester MA
01930

Cape Ann Museum

Cape Ann Museum hours are: Tuesdays
- Saturdays: 10:00 a.m. to 5:00 p.m.
Sunday: 1:00 p.m. to 4:00 p.m.
Offers tours and library and archives are
available.
978-283-0455
27 Pleasant Street Gloucester, MA
01930

Cape Ann Lanes

Bowling alley with regular lanes, food,
and arcade. Also room available for
private parties.
978-283-9753
53 Gloucester Avenue Gloucester MA
01930

Discovery Adventures

Sea kayaking tours and children's
programs.
978-283-3320

Gloucester Cinema

Movie Theater.
978-283-9188
74 Essex Avenue Gloucester MA 01930

Good Harbor Beach

Take the red line bus to Thatcher Road

Half-Moon Beach

In Stage Fort Park located on Hough
Street. Take yellow line bus route.

Sawyer Free Library

Library for books, DVDs, audio books
and other resources.
978-281-9763
2 Dale Avenue Gloucester MA 01930

Stage Fort Park

Local park; take Yellow bus line
Hough Street Gloucester MA 01930

Wingaersheek Beach

Located on Atlantic Street; no available bus route.

YMCA of the North Shore

Local YMCA

978-283-0470

www.northshoreymca.org

SHELTER/HOUSING

Action Inc, Gloucester

Serves Gloucester, Ipswich, Rockport, Essex, Manchester-by-the-Sea and Hamilton and Wenham. Main offices are located in Gloucester, Massachusetts.

Provides Social Services to the community.

978-282-1000

180 Main Street, Gloucester, MA 01930

www.actioninc.org

Beverly Affordable Housing Coalition

Affordable housing for low to mid income families in Beverly.

978-921-4705

Bridge House Family Shelter, Lynn

781-593-3898

www.scilynn.org

CHAPA Accessible Housing Registry

To search the internet for an accessible vacant apartment in MA

www.massaccesshousingregistry.org

Community Team Work, Inc. (CTI)

Provides support and services for low-income people. Call for services and addresses.

978-459-0551

www.comteam.org

Emergency Assistance Program, Division of Housing and Community Development (DHCD Division of Housing Stabilization

Call for more information.

1-877-418-3308

TTY 617-573-1140

Gloucester Grants Administration

For low income home owners in Gloucester. Zero percentage income based 3% homeowner's loans and no interest loans for home repair. Also offers First Time Homebuyer Program which offers Down payment assistance, zero percentage and deferred payment loans.

978-282-3027

3 Pond Road Gloucester, MA 01930

Gloucester Housing Authority

Services include help with Rent Subsidy, Riverdale Park, Willowood Gardens, Arthur Street Housing Project, Elderly; Disabled; Low-Income housing, family self-sufficiency program and Home Ownership program.

978-281-4770

259 Washington Street Gloucester MA 01930

www.ghama.com

Housing and Urban Development

Provides services such and how to buy a home avoid foreclosure, and housing counseling. Go to webpage to choose a service for more information.

www.hud.gov

Inn Transition

Peabody; Sober –living transitional housing for families.

Program Director **Ana Reid**

Intensive Case Manager & Housing

Search Specialist: **Alicia Martins**

Stabilization Specialist **Tibisay Duran,**

Intensive Case Manager **Rebecca**

Rodriguez,

House Manager **Kathy Adams,**

978-531-9775

25 Holten Street, Peabody, MA 01960

www.cahns.org/inn-transition

Ipswich Housing Authority

Subsidized housing for low income families, elderly and disabled, family housing and section 8.

Phones open from 8am-4pm, Monday – Friday

978-356-2860

1 Agawam Village Ipswich, MA 01938

Lazarus House, Lawrence

Restrictions: Sober- Living shelter only:

In 5pm- out 8 am.

Provides services and support to help with poverty.

978-689-8575

Lazarus House Ministries, Inc. – P.O. Box 408, Lawrence, MA

www.lazarushouse.org

Lifebridge (Formerly the Salem Mission)

Offers services to men and women to help them end their homelessness.

978-744-0500

56 Margin Street PO Box 810 Salem, MA 01970

www.lifebridgesalem.org

Lynn Emergency Shelter

Call at 4:30 pm to get on the list for a bed.

781-581-6600

100 Willow Street Lynn MA, 01902

www.lynnemergencyshester.org

Mass Coalition for the Homeless Partnership

Homeless education and furniture bank.

Open Monday – Friday 8am to 4pm.

781-595-7570

15 Bubier Street Lynn, MA 01901

www.mahomeless.org

Rockport Housing Authority

Section 8 subsidy: only during specific periods advertised in the paper.

Elderly and disabled housing available to 60 or older or social security disability.

Located on Kite Field Road, state public housing for families.

Contact: Director Claudia T. Kearns: 978-546-3181

13 Millbrook Park Rockport MA 01966

The Inn-Between

An emergency program for homeless families. Contact for more information.

978-532-2372 (office)

40 Washington Street, Peabody, MA 01960-5536

www.cahns.org/inn_between.html

The River House, Beverly

Call for more information.

978-921-1304

Wellspring House, Gloucester

Provides services to the homeless, and low- income families and adults.

For information on how to attain housing at Wellspring House contact DTA at

617-348-8500

978-281-3221

302 Essex Avenue, Gloucester MA 01930

www.wellspringhouse.org

Women's Resource Center Hotline, Lawrence

Is handicapped accessible.

978-685-2481

TRANSPORTATION

Atlantic Taxi

Taxi cab service.
978-281-5550

Beverly Chamber, Commuter Shuttle

978-232-9559

www.beverlychamber.com/transportation.html

CATA (Cape Ann Transportation Authority)

Bus and transportation services (Essex, Gloucester, Ipswich, Magnolia and Rockport.)

978-283-7916

www.cataonline.org or
www.canntan.com

CATA Medical Health Link Shuttle

Is designed to transport the elderly and disabled from Gloucester, Rockport, Essex and Ipswich to outside hospital in Beverly and Danvers so that the riders can get more vital medical treatments their town does not offer.

Reservations must be made 48 hours before the appointment and can be made up to a month in advance. Hours are 8am to 4pm Monday – Friday.

\$5 fee each way and Personal Care Attendant is free.

978-283-7916

3 Rear Pond Road, Gloucester MA 01930

www.cataonline.org or
www.canntan.com

Employment Xpress

Provides transportation to and from work or training programs for disabled, low-income people along Route 114 and Route 1. M-F 6:30am-11pm

978-825-7209 (Sandra Efstratiou)

Greater North Shore on the Move

www.gnsotm.org

Light House Taxi

Taxi cab service.
978-281-6161

Massachusetts Bay Transportation Authority (MBTA)

Commuter Rail, Bus and Subway Schedules and information, go to website or ask conductor for train schedule.

www.mbta.com

MBTA Information Center

1-800-392-6100

www.mbta.com

MBTA The Ride

For those who can't use public transportation due to disability.

617-222-5123

V 1-800-533-6282

TTY 617-222-5415

www.mbta.com

The Ride

617-337-2727 to schedule an eligibility appointment

SeniorCare Volunteer Drivers

For transportation to medical appointments.

1-866-927-1050 x 377

TAP (Transportation Access Project)

Assistance with coordination of transportation solutions for persons with disabilities.

978-767-5118

VETERAN'S SERVICES

Department of Veterans Affairs

1-800-827-1000

TDD 1-800-829-4833

www.va.gov

Department of Veterans' Services

617-210-5480

www.mass.gov/veterans

Veterans Center

Assisting Gloucester veterans and their families, contact Director **Arley Pett** for more information.

Hours are Monday –Wednesday 8:30 am to 4:00 pm, Thursday 8:30 am to 6:00pm and Friday 8:30am to 12:00 pm.

978-281-9740

12 Emerson Avenue Gloucester MA 01930

Mailing Address: City Hall 9 Dale Avenue Gloucester MA 01930

VOLUNTEER OPPORTUNITIES

Wellspring House

Wellspring house offers many services, resources and opportunities for teens, families and adults looking for help with education tutoring, training and volunteering.

978-281-3221

www.wellspringhouse.org

YMCA of the North Shore

978-283-0470

www.northshoreymca.org

OTHER RESOURCES

American Cancer Society

The American Cancer Society provides services that include: information on cancer and the research available, help tips and care, funds for research for the cure for cancer, and access to care and advocacy.

1-800-227-2345

www.cancer.org

Annual Credit Report

Request your free annual credit report online or by phone or mail. By Mail must have downloaded and printed request form from website.

1-877-322-8228

Annual Credit Report Request Service
P.O. Box 105281 Atlanta GA 30348

www.annualcreditreport.com

Cape Ann Animal Aid

Animal Shelter that has a food for pets program: free pet food to eligible owners who may be struggling to purchase pet food. Transportation for food may be available upon request.

Low cost spay and neuter and financial assistance for veterinary care.

Contact **Julie Borge** for more information: 978-282-0989

978-283-6055

260 Main Street Gloucester MA 01930

Open Wed. 11-4, Thurs. 11-7, Fri 11-6,
Sat 11-4, Sun. 12-4

www.capeannanimalaide.com

Family and Children's Services

Parenting Groups, counseling, guardianship with the elderly.

By appointment only Monday – Friday
9am-5pm, Thursday until 8 pm

781-598-5517

111 North Common Street Lynn, MA
01902

www.fcslynn.org

Family Ties of Massachusetts

A network of parent brought together to provide advice, support and solution to raising children.

978-851-7261 x 4018

TTY 978-851-0829

www.massfamilyties.org/index.php

Gay and Lesbian, Bisexual and Transgender Help Line

Information and referral, support

Monday – Friday 6pm to 11pm

V/TTY 617-267-9001

International Institute of New England

Non- profit organization servicing Boston, Lowell, and New Hampshire.

Provides assistance to immigrants, refugees, and other foreign- born persons in dealing with government regulation and American Society Adjustment.

978-459-9031

15-17 Warren Street, 2nd Floor, Lowell, MA
01852

www.iine.us

Mass Eating Disorder Association

Provides services to control, accept, deal with and quit eating disorders.

1-866-343-MEDA (6332)

92 Pearl Street, Newton, MA 02458

www.medainc.org

National Spinal Cord Injury Association Help Line

Provides services and resources to those with spinal cord injuries or trauma.

1-800-962-9629

www.spinalcord.org

North East Transwomen's Alliance

Weekly Wednesday meetings 7pm to 9 pm

978-712-0144

www.netranswomensalliance.org

Northeast ARC

Provides life support services to those with developmental disabilities.

978-762-4878

TTY 978-762-4873

www.ne-arc.org

North Shore Alliance of Gay, Lesbian, Bisexual and Transgendered Youth

617-927-6088

781-913-3747

www.nagly.org

Old and Bold Coalition

Gay, Lesbian, Bisexual, Transgendered and aging

978-750-4540

Ruby Rodgers Advocacy and Drop-In Center

Monday –Sunday open 8am to 5pm.

Closed on Saturdays.

Handicap accessible.

617-625-9933

www.rubyrogerscenter.org

Salvation Army

Beverly: 978-922-4522

Lawrence: 978-682-8038

Lynn: 781-598-0673

Salem: 978-744-5181

www.salvationarmy.org

United Way of the North Shore (Beverly)

An organization that helps provide improved education, resources for financial stability and promoting health lives.

978-922-3966

www.unitedway.org